

Submit a Proclamation

FASD Supports Needed

You can submit a request to your Mayor or Governor to declare September as FASD Awareness Month. Insert your local information in the **placeholders** in the Sample Proclamation to customize it for your town or state. Go to [FASDUnited.org](https://fasdunited.org) for more information on how to submit a request to your Governor, or email melfi@fasdunited.org.

Background (do not include in your request): Human service organizations, health care professionals, educators, and the public are called to action to work together to better understand and support individuals with fetal alcohol spectrum disorders (FASD). This can be done by improving public health efforts to increase awareness on how FASDs may present in individuals across the lifespan and the ongoing need for services and support for individuals living with FASD while also spreading the message that there is no safe alcohol during pregnancy.

WHEREAS, FASD affects 1 in 20 school-aged children in the US and are complex lifelong disorders that affect each person differently, resulting in unique strengths and challenges; and

WHEREAS, FASD is an umbrella term describing the range of disabilities that can occur in an individual who was exposed to alcohol before birth; and

WHEREAS, FASD can cause challenges with learning and memory, social interaction, cognition, and adaptive function, and can affect anyone, regardless of age, race, ethnicity, gender, or socioeconomic background; and

WHEREAS, FASD is often accompanied by medical conditions that impact quality of life; and

WHEREAS, A comprehensive, collaborative approach will strengthen advocacy efforts and will help to advance research, professional training, and access to services and resources across the lifespan; and

WHEREAS, Although FASD can be prevented by supporting pregnancies free of alcohol, prevention efforts should be balanced with support and intervention for people living with FASD; and

WHEREAS, Early diagnosis and intervention tailored to individual needs can have lifelong benefits, easing the transition to adulthood and improving quality of life; and

WHEREAS, Each person and family should have access to reliable information, supports, and opportunities to thrive; and

WHEREAS, The United States Congress has reaffirmed its dedication to addressing FASD at all levels through the passage of FASD-informed provisions in the SUPPORT Reauthorization Act, signaling a renewed commitment to strengthening both national and state capacity to support individuals and families.

NOW, THEREFORE, I, **(Governor's name)**, Governor of the state of **(name of your state)**, do hereby declare **[September 9, 2026, as Fetal Alcohol Spectrum Disorders Awareness Day][or September as FASD Awareness Month]** and pledge to continue to partner with organizations, health care professionals, educators, and the public to raise awareness about FASD and support individuals living with this disability.