## Dear [Representative/Senator] [Last Name],

I'm writing to urge you to co-sponsor and support the FASD Respect Act (S.1800/HR.3946), a bill that addresses the urgent needs of individuals and families affected by fetal alcohol spectrum disorders (FASD). **[include personal connection to FASD here]**. My experience highlights the importance of expanding awareness, improving diagnosis and care, and providing the necessary resources to support people with FASD and their families.

FASD affects 1 in 20 school-aged children in the U.S., yet awareness and support systems are severely lacking. These children and the adults they grow up to be face lifelong challenges. Encouragingly, we know that the proper supports can lead to happier, healthier lives for those with an FASD and their families.

The FASD Respect Act would ensure FASD-informed supports match its prevalence by providing essential services, promoting thoughtful prevention strategies, educating healthcare professionals, and increasing public awareness. This legislation is not just about helping those affected by FASD; it's about investing in the health and future of our communities.

I strongly believe that supporting individuals with FASD benefits all of us, and I ask that you stand with us by co-sponsoring this vital legislation. Your support could make the difference in ensuring that millions of Americans receive the care and attention they deserve.

Please feel free to contact me or FASD United's Policy Coordinator, Chris Melfi (melfi@fasdunited.org), for more information or to discuss further steps.

Thank you for your time and consideration.

Sincerely,
[Your Name]
[Your Address]
[Your City, State, ZIP Code]
FASD Advocate