



FASD United

**Policy & Training
Center**

Hill Day
Mike Anderson

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Thursday
September 15,
2022



FASD United
THE NATIONAL VOICE ON FETAL ALCOHOL SPECTRUM DISORDERS
Formerly NOFAS



But first ...

- **Susan Elsworth**
- **Jennifer Wisdahl**

House and Senate Calendar 2022

April						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- House in Session Only
- Senate in Session Only
- House & Senate in Session
- Federal Holiday

July						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



**Remember
Our
Purpose!**

**THE FASD
RESPECT ACT**
BUILDING THE FOUNDATION
FOR CHANGE



#FASDRESPECT

**Focus:
Stay on
Message!**

BE AWARE, THERE IS A “*GRIJALVA RESPECT ACT*” IN THE HOUSE

HR 3587. REQUIREMENTS, EXPECTATIONS, AND STANDARD PROCEDURES FOR EFFECTIVE CONSULTATION WITH TRIBES

HR 4151

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Travel to Capitol Hill

How do I get to Capitol Hill??

Uber and Lyft are your best bets
Taxis also work

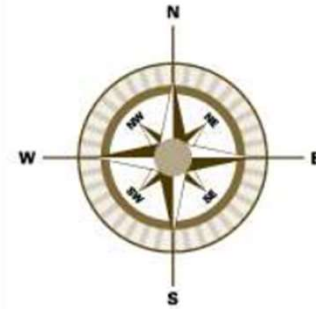
How long will it take?

Budget for at least 30 minutes
from the Hotel!

What addresses should I plugin?

“Hart Senate Office Building”
“Rayburn House Office Building”

Capitol Hill



You can get lost quite easily.
 Even long-time staffers do!
Plan in extra time.
 Don't be afraid to ask a staffer
 (see badge) for directions!
**There are maps at each
 elevator.**

Areas of Interest

- 1 Russell Senate Office Building
- 2 Dirksen Senate Office Building
- 3 Hart Senate Office Building
- 4 U.S. Supreme Court
- 5 Jefferson Building, Library of Congress
- 6 Madison Building, Library of Congress
- 7 Cannon House Office Building
- 8 Longworth House Office Building
- 9 Rayburn House Office Building
- 10 Ford House Office Building
- 11 U.S. Botanic Garden & the National Garden

What About My Sherpa?

Where do I meet my sherpa?

Outside the visitor entrances to the Hart and Rayburn Buildings are the standard starting points *unless you agree otherwise*

How do I contact my sherpa?

We will provide you with their cell phone numbers. Please contact them in advance!

How should my sherpa help me?

Contact staffer to let them know to come get you at the visitor entrance. Escort you.

Getting Through Security

How can I get through security efficiently?

Minimize metal on you; but be prepared to remove your watches, belts. Consolidate as much as you can!

Are security scanners the same at each entrance?

No

Can I bring my cell phone? Can I take pictures?

Yes to bringing your cell phone. No to taking pictures outside of the office you are visiting.

Meeting Times/Timing?

What time are my meetings?

You will be provided times, with whom, and office numbers

How long are my meetings?

30 minutes ... or less!

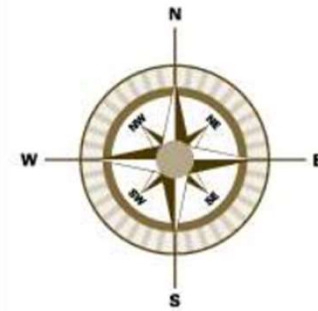
What's the travel time between the House and the Senate?

Budget for at least 45 minutes!
Remember to budget times to have staffer come get you, and to clear security

If I have another meeting, do I have to leave then come back in?

Ask staffer if they can escort you w/in the Senate or House campus. If unable, your sherpa should.

Capitol Hill



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Meeting 101

Chose Roles
Introductions
Storyteller
Respect Act
Note taker

Check In
Be on Time
Call if Delayed
Introduce yourself
Everyone There?
Business Cards

Meeting Start
Business cards
Leave behinds
Who you are
Where are you from

Tell Your Story
Why you're here

Talk About
The FASD
Respect
Act

Give them the
opportunity to
ask questions

Listen and
Take Notes

Follow Up After
Your Meeting

When can we
follow up with
you ...?

Who Is Your
Audience?
Co-Sponsor?
Not Yet a
Sponsor?

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BUILDING THE FOUNDATION
FOR CHANGE



#FASDRESPECT

Current Senate Sponsors

- **Senator Lisa Murkowski (R AK)***
- **Senator Amy Klobuchar (D MN)**
- **Senator Jerry Moran (R KS)***
- **Senator Tina Smith (D MN)***
- **Senator Susan Collins (R ME)***
- **Senator Brian Schatz (D HI)**
- **Senator Angus King (I ME)**
- **Sen. Shelley Moore Capito [R-WV]**
- **Sen. Mazie Hirono [D-HI]**

Sits on Committee of Jurisdiction

Current House Bill Sponsors

Rep. McCollum, Betty [D-MN-4]
Rep. Young, Don [R-AK-At Large]
Rep. Omar, Ilhan [D-MN-5]
Rep. Bishop, Sanford D., Jr. [D-GA-2]
Rep. Jackson Lee, Sheila [D-TX-18]
Rep. Mann, Tracey [R-KS-1]
Rep. Pingree, Chellie [D-ME-1]
Rep. Davids, Sharice [D-KS-3]
Rep. Craig, Angie [D-MN-2]
Rep. Kilmer, Derek [D-WA-6]
Rep. Wild, Susan [D-PA-7]
Rep. Kahele, Kaiali'i [D-HI-2]
Rep. Case, Ed [D-HI-1]
Rep. Raskin, Jamie [D-MD-8]
Rep. Bourdeaux, Carolyn [D-GA-7]
Rep. Lee, Barbara [D-CA-13]
Rep. Huizenga, Bill [R-MI-2]
Rep. Ross, Deborah K. [D-NC-2]
Rep. Thompson, Mike [D-CA-5]
Rep. Costa, Jim [D-CA-16]
Rep. Lucille Roybal-Allard [D-CA-40]
Rep. Jared Golden [D-ME-2]
Rep. Kim Schrier [D-WA-8]
Rep. Eric Swalwell [D-CA-15]
Rep. David Trone [D-MD-6]
Rep. Liz Cheney [R-WY-At Large]
Rep. Lisa Blunt Rochester [D-DE-At Large]
Rep. Lofgren, Zoe [D-CA-19]
Rep. Emmer, Tom [R-MN-6]
Rep. Beyer, Donald S., Jr. [D-VA-8]
Rep. Doggett, Lloyd [D-TX-35]
Rep. Chu, Judy [D-CA-27]
Rep. Tonko, Paul [D-NY-20]

Rep. Levin, Mike [D-CA-49]
Rep. Panetta, Jimmy [D-CA-20]
Rep. Brownley, Julia [D-CA-26]
Rep. Phillips, Dean [D-MN-3]
Rep. Jayapal, Pramila [D-WA-7]
Rep. Bacon, Don [R-NE-2]
Rep. Castor, Kathy [D-FL-14]
Rep. Underwood, Lauren [D-IL-14]
Rep. Delgado, Antonio [D-NY-19]
Rep. Rutherford, John H. [R-FL-4]
Rep. Adams, Alma S. [D-NC-12]
Rep. Garamendi, John [D-CA-3]
Rep. Morelle, Joseph D. [D-NY-25]
Rep. Butterfield, G. K. [D-NC-1]
Rep. Cardenas, Tony [D-CA-29]
Rep. Sanchez, Linda [D-CA-38]
Rep. Welch, Peter [D-VT-At Large]
Rep. Huffman, Jared [D-CA-2]
Rep. Napolitano, Grace F. [D-CA-32]
Rep. Aguilar, Pete [D-CA-31]
Rep. Jacobs, Sara [D-CA-53]
Rep. Wexton, Jennifer [D-VA-10]
Rep. Takano, Mark [D-CA-41]
Rep. Carbajal, Salud O. [D-CA-24]
Rep. Porter, Katie [D-CA-45]
Rep. Lieu, Ted [D-CA-33]
Rep. Gottheimer, Josh [D-NJ-5]
Rep. Higgins, Brian [D-NY-26]
Rep. Connolly, Gerald [VA-11]
Rep. Waters, Maxine [CA-43]
**Rep. Johnson, Henry C Jr. [D-GA-4]

***Sits on Committee of Jurisdiction**

**Pending Updates to
Congress.gov



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Together, We Can Do This

Important

Get together after the meeting
Compare/consolidate notes
Write a quick report
Send it to Jennifer

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#FASDRESPECT

Please

